



SPEAKING CHALLENGE

TOPIC: FOOD

Let's practice with these questions, use the Topic-specific vocab list in section IV to enhance your answer. Good luck 💕

I. SPEAKING PART 1 – FOOD & DRINKS (15 QUESTIONS)

1. Do you enjoy cooking?
2. How often do you cook at home?
3. What kind of food do you like most?
4. Do you prefer eating at home or eating out?
5. Is there any food you dislike?
6. Do you like trying new dishes?
7. What is a typical meal in your country?
8. Do you think your diet is healthy?
9. How important is food in your culture?
10. Do you usually eat breakfast?
11. What is your favorite drink?
12. Do you prefer sweet or savory food?
13. Do you often eat fast food?
14. Have your eating habits changed recently?
15. Do you pay more attention to what you eat now than before?

II. SPEAKING PART 2 – FOOD & DRINKS (5 CUE CARDS)

1. Describe a dish you really enjoy.
2. Describe a restaurant you like.
3. Describe a meal you had with your family or friends.
4. Describe a food you tried for the first time.
5. Describe your favorite drink.

III. SPEAKING PART 3 – FOOD & DRINKS (10 QUESTIONS)

1. Why do people enjoy eating out?
2. How have eating habits changed in recent years?
3. Is traditional food important in a country?
4. How does food reflect culture?

5. Should schools teach children how to cook?
6. Is fast food a problem in modern society?
7. How does globalization affect food culture?
8. Do advertisements influence what people eat?
9. Is eating healthy more important than enjoying food?
10. Will people cook less at home in the future?

IV. TOPIC-SPECIFIC VOCAB – FOOD & DRINKS (BAND 8–9)

Vocab	Pronunciation	POS	Nghĩa	Example for speaking	Syn	Ant
balanced diet	/ˈbælənst ˈdaɪət/	n	chế độ ăn cân bằng	I try to maintain a balanced diet.	healthy diet	unhealthy diet
comfort food	/ˈkʌmfət fu:d/	n	món ăn an ủi tinh thần	Pho is my comfort food.	soul food	–
home-cooked meal	/ˌhəʊm kʊkt mi:l/	n	bữa ăn nhà nấu	I prefer home-cooked meals.	homemade food	takeout
junk food	/dʒʌŋk fu:d/	n	đồ ăn nhanh	I limit my intake of junk food.	fast food	healthy food
foodie	/ˈfu:di/	n	người mê ẩm thực	I'm a foodie at heart.	food lover	–
street food	/stri:t fu:d/	n	đồ ăn đường phố	Vietnamese street food is famous.	roadside food	fine dining
traditional dish	/trəˈdɪʃənəl dɪʃ/	n	món truyền thống	Pho is a traditional dish.	classic dish	modern dish
authentic	/ˌɔ:ˈθentɪk/	adj	nguyên bản	I love authentic Vietnamese food.	genuine	artificial
flavorful	/ˈfleɪvəfəl/	adj	đậm đà	The soup is rich and flavorful.	tasty	bland

Vocab	Pronunciation	POS	Nghĩa	Example for speaking	Syn	Ant
bland	/blænd/	adj	nhạt nhẽo	I find the food a bit bland.	tasteless	flavorful
have a sweet tooth	/hæv ə swi:t tu:θ/	idiom	thích đồ ngọt	I don't really have a sweet tooth.	love sweets	–
eat on the go	/i:t ɒn ðə ɡəʊ/	idiom	ăn vội	I often eat on the go.	grab food	dine properly
dining experience	/'daɪnɪŋ ɪk'spiəriəns/	n	trải nghiệm ăn uống	It was a great dining experience.	eating experience	–
food culture	/fu:d 'kʌltʃə/	n	văn hóa ẩm thực	Food culture reflects identity.	culinary culture	–
culinary heritage	/'kʌlɪnəri 'herɪtɪdʒ/	n	di sản ẩm thực	Traditional food is culinary heritage.	food legacy	–
Doing (sth) from scratch	/'kʊkɪŋ frəm skrætʃ/	idiom	Làm gì từ đầu	I enjoy cooking from scratch.	homemade	ready-made
nutritious	/nju: 'trɪʃəs/	adj	giàu dinh dưỡng	Vegetables are nutritious.	healthy	unhealthy
food hygiene	/fu:d 'haɪdʒi:n/	n	vệ sinh thực phẩm	Food hygiene is essential.	sanitation	contamination
picky eater	/'pɪki 'i:tə/	n	người kén ăn	I'm not a picky eater.	choosy eater	adventurous eater
fusion cuisine	/'fju:zən kwi'zi:n/	n	ẩm thực kết hợp	Fusion cuisine is trendy now.	mixed cuisine	traditional cuisine